



24 January 2019

## PSA/CPSU NSW training DUBBO

The PSA/CPSU will be running the following training courses in Dubbo:

**Care & Resilience** (mental health)  
Wednesday 26 June 2019

**WHS two-day course**  
Thursday 27 and Friday 28 June 2019

The courses will start at 9.30am and finish at 4.30pm.

The course venue will be advised later.

### COURSE OUTLINES

#### Care and Resilience

This course aims to enhance mental health awareness. It provides participants with information, strategies and resources to assist in identifying and supporting a colleague/s with mental health issues and encouraging them to seek professional help. We also look at some useful strategies to manage stress and build personal resilience.

#### Work Health and Safety

This two-day course covers the various rights, entitlements and obligations under the WHS Act 2011, that underpin a safe and healthy workplace, paying special attention to union perspectives. Topics include Duties under the Act, Consultation, Health & Safety Representatives and Risk Management.

PSA/CPSU NSW training courses are available at no charge to members

PSA/CPSU NSW members are entitled to paid Trade Union Training Leave to attend these courses.

ALL members are invited and welcome, you do not have to be a delegate to obtain trade union training leave and to attend PSA/CPSU NSW training.

The PSA/CPSU NSW provides reasonable travel and accommodation costs to attend our training courses.

### Special needs

If you have a disability and/or special needs, please contact the PSA training staff at the time of your registration.

### HOW TO REGISTER

To register please do so online at the following link [psa.asn.au/training-you](http://psa.asn.au/training-you).

